



Gore High School

"Learning, to make a difference"

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From the Rector's Desk

Greetings everyone

Kia ora e hoa mā

Athletics

We certainly enjoyed our sports day here at school. Thanks to all those who worked so hard to make it such a good experience. As I write this, Mr Cooke and Mrs Cross were attending the Southland Championships with 60 of our athletes. It is great to see so many involved. We wished them all an enjoyable and successful day.



Learning Hub trip to Dunedin

Mrs Dickson has organised to take the Learning Hub students on an overnight trip to Dunedin. This will be a great experience for them, staying at Holy Cross College in Mosgiel and then experiencing the Taieri Gorge train trip the following day. Once again, thanks to the staff and parents who have made this possible.

You will recall that one of our expectations is Courtesy. Recently I came across this article on Good Manners. It is always a pleasant experience when you meet a polite and confident young person, and that first handshake or greeting can make a lasting impression. Thanks to the Principals' Digest for the article.

GOOD MANNERS

Because of students' constant heads-down focus on their electronic devices, it's often hard for them to learn to interact appropriately with other people. They are more comfortable texting or sending an e-mail to communicate than offering a firm handshake or a warm smile. To prepare students for interviews and the modern workplace, not to mention their personal relationships, they need to be taught the skills of interacting with others.

S.P.E.C.I.A.L.

- Shake hands – a firm, appropriate grip
- Posture – standing up straight, shoulders back, conveying confidence and awareness;
- Eye contact – looking the other person in the eye during the entire interaction;
- Charm – a smile, head nod, laugh;
- Introduce yourself – saying, "Hi, I'm ----" gets the ball rolling;
- Ask a question – "What brings you here?" or "Don't you hate this weather?" begins a conversation and shows interest in the other person;
- Lean in and listen – without invading the person's space, getting a little closer signals engagement and helps you listen and respond appropriately.

These elements make you come across as confident and professional. They need practice so they become natural. It's good to start at an early age teaching children to introduce themselves, start a conversation, look people in the eye and answer politely. By high school, students should be able to start a good conversation with a stranger and mingle in a crowd.

How can adults help?

- Greet children every morning by name and expect them to do the same to you.
- Shake their hands so they learn how to do it naturally.
- Expect your children to stand up and greet visitors and look after their comfort by offering a seat or refreshments.
- Insist on polite interactions at the meal table and in family groups.
- Use literature, current events and TV programmes to encourage children to develop genuine curiosity about other people and what makes them tick. (*Acknowledgement: "Making a S.P.E.C.I.A.L. First Impression" by Adam Dovico in Phi Delta Kappan, November 2016*)

Warm regards, Nga mihi
John McKinlay

WHAT'S HAPPENING IN OUR CLASSROOMS

Year 11 Geography

On Wednesday, the Year 11 Geography students struck a beautiful day for a field trip to the Otamita stream in Mandeville. Trying not to disturb the eels, they collected data for their "Stream Study" internal. Data gathered focused on how the natural processes of erosion and deposition operate. Students collected measurements such as velocity, depth and the nature of material on the stream bed. Back in class, students will construct a cross section from their measurements and then use their knowledge about fluvial processes to draw conclusions based on their data.



FOOTBALL TRAINING

Boys football training is taking place every Monday from 3.30pm - 4.30pm and on Wednesdays from 2.30pm - 4.00pm. Training is on the school football field and is for all year levels and new or old players. Please bring your football gear and a water bottle.

SCHOOL ACCOUNTS

Parents are advised that, where possible, student accounts will now be emailed. You should have received your first account by now if you have provided us with an email address, but if you haven't can you please contact Maree Barclay, Accounts Administrator on 208 9130, extension 851 so that we can check that email links to the bill payer are correct.

YEAR 13 COMMON ROOM MAKEOVER

Over the past few weeks a selection of Year 13 Prefects and students have been working away in the Year 13 Common Room, to transform it from its former depressed state, to a fun, inviting space. The Year 13 Common Room doubles as a study area, as well as a lounge to chill out and make your lunch. Many hours have been dedicated to this project and we are ecstatic to see it has all paid off.

However, none of this would have been possible without the amazing generosity of the following businesses and families:

- Kim McDowall Painting
- Guthrie Bowron
- Bill Walker Painting
- Baillie Family
- Mr and Mrs Cooper
- Svensson Family
- Mrs Raylene Goble

We would also like to give a special mention to the lovely Mrs Brown, who kindly spent her own time polishing the floors to an immaculate standard.

The Year 13's are incredibly grateful for all of the donations and help we received, as this has contributed to a space that we, and years to come can all enjoy.

Emma Johnston & Josh Highsted

STUDENT INFORMATION SHEETS

All students will be given a Student Information Sheet for them to bring home tomorrow (Tuesday 14th March).

We shall be grateful if parents/caregivers could please check that all of the information is correct.

If no changes are required, can you please sign the form and arrange for your child to give the signed form to their House Teacher?

Alternatively, if you require any changes to be made, please update the form. Once complete, please sign and arrange for your child to give the amended form to their House Teacher.

GORE HIGH SCHOOL NETBALL CLUB AGM

The Gore High Netball AGM will be held at 7.00pm on Wednesday 15th March in the Meetings Room (next to main reception) at Gore High School.

We are in need of parents to join our committee for the 2017 season. The positions are not onerous and are clearly laid out for each position. Without this support we cannot offer netball to our best ability so please consider offering your help.

If you would like to see a timeline of duties or function and guidelines for the club please email Aimee Ross at aross@gore-high.school.nz.

SPORTS DAY

Age Group Champions

U14 Girls'	Georgia Bedwell	U14 Boys'	Finn Hurley
U15 Girls'	Laura Graham	U15 Boys'	Hayden Michaels
U16 Girls'	Ella Hurley	U16 Boys'	Rylee Stewart
Senior Girls'	Kate Johnston	Senior Boys'	Andrew Allan

House Points

McNab is taking some beating coming away with the house championship for the **3rd year running**. Congratulations McNabians.

1st	McNab	1587
2nd	Hunter	1330
3rd	Anderson	1245
4th	Cargill	887

Thank you

Thank you to all those students and staff who helped throughout the day.

There was a great effort put in by students to dress up in their house colours which created a fabulous vibe throughout the day and contributed to another successful Sports Day.

New Records

Congratulations to Kalesi Natuikata (Year 10) who achieved a new school record. Kalesi's strength and determination in the U15 Girls Shot Put was well rewarded.

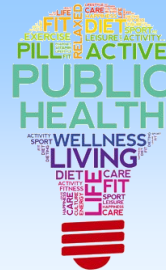


Old Record	New Record
Madison Haugen - 2013 - 9m99cm	Kalesi Natuikata - 10m16cm



SCHOOL HEALTH NURSE CLINIC

Public Health Nurses Stacey (Tuesday) and Maria (Thursday) will be available for appointments at the school two days a week this year. If you are wishing to see them, please book an appointment time to visit the Health Nurse with Mrs Barclay at Student Reception, or telephone Stacey on 027 445 2931.



WHEN: 1.30 – 2.00 pm Tuesdays and Thursdays

GORE HIGH SCHOOL CAREERS DEPARTMENT

***Seek the Path That is Right For You
Rapua Te Ara Tika Mou Ake***

Skills employers are look for

To find out the top seven skills that will make employers want to hire you follow this link:

<https://www.careers.govt.nz/plan-your-career/not-sure-what-to-do/skills-employers-are-looking-for/>

Liaison Visits - March 2017

Lincoln University	Tuesday 14 th March	9.00am
Otago University	Wednesday 15 th March	1.00pm
Otago Polytechnic	Monday 20 th March	10.30am
Ara Polytechnic	Wednesday 22 nd March	11.20am

Representatives from the below institutions will come and talk to students about all aspects of attending one of these institutions. It can be a great way for students to think about their future options and is a great way to ask any questions they may have.

Part-time work

We have some part-time jobs advertised on the student vacancy board beside student reception.

Tearaway Magazine

Tearaway Magazine is a magazine that is written by and for 15 - 24 year olds. You can get more information on this magazine here - www.tearaway.co.nz. It contains great articles about:

- The final year - How to survive year 13
- CHEM: Writing the heartbeat through rhythm
- 4 tips and truths about Uni life
- Cute Finds - Minimalist Jewellery
- How to talk Careers with your parents
- Volunteering can lead to big things
- PLUS many more great articles

Defence Careers Experience (DCE)

This year Southern Recruiting will be offering a Defence Careers Experience specifically for young women interested in a career in the New Zealand Defence Force. Details for this event are yet to be confirmed however it is likely to occur mid year and be conducted at Woodbourne Air Force Base in Blenheim. The DCE will be a great opportunity to gain an insight into life within the services, gain valuable teamwork and leadership skills, learn about career opportunities, and interact with other women currently serving in the Defence Force.

We are also intending to conduct a second DCE later in the year which will be offered to year 11-13 students. Join Defence Careers Facebook book - Southern Region.

GORE HIGH PTA AGM

WHEN: Wednesday 22nd March 2017

WHERE: Thomas Green meeting room

TIME: Tea 6.00pm followed by the meeting at 7.30pm

Every one is very welcome. Please confirm numbers to Kerralie 0274917245 by Tuesday 21st March if you are attending for tea.

The committee would love to see some new faces. Come along and meet a great team and hear what the school is up to. All you need to bring is some enthusiasm. All Executive positions are filled.

Alone we can do so little - Together we can do so much. Helen Keller